



The Advocacy
Network on
Disabilities

10 Helpful Hints to Adapting an Activity

1. Non slip sheets help keep items on the table (books, paper for projects).
2. Silly Putty can help participants grasp items like pencils, pens, and paint brushes.
3. Swimming noodles allows for participants who have fine motor issues to grasp items better (crayons, paint brushes)
4. Large marker, crayons, and paint brushes
5. Balls with bells in them will allow for participants with visual impairment to participate with sighted participants.
6. Velcro will allow you to attach items to participants that may have physical disabilities to grasp items like hockey stick or art utensils.
7. Cookie cutters with various shapes will allow for participants with visual impairments to trace or use string or tape to outline objects.
8. Glue dots or file to file down game pieces to help participants with visual impairments identify their pieces.
9. Clips to hold cards or papers to the desks.
10. Sandpaper to create textured items.